Class 2 District 3 Track Info - 2023 Track Manual

Purchase tickets (digital only):



- The area inside the fence is restricted to <u>officials</u>, <u>workers</u>, <u>and athletes</u> currently competing. Athletes may warm up on the north side straight away
- NO SPIKES are to be worn in the bleachers.
- Please do not jump or sit on the fence.
- Only 1/8-inch pyramid spikes are allowed.
- Stay out of the field event areas unless you are a competitor.
- No spectators inside the fenced area
- No food, seeds, soda, sports drinks, or gum is allowed on the turf football field. Water only
- The team communities are to be located in the bleachers or outside the fence
- Let the person in charge of the event know if you have a running event coming up. The athlete will have 20 minutes to report back to the field event to start their next attempt.
- Athletes should enter the track at the west end of the bullpen area. Athletes should exit the track east of the finish line after their race.
- There will be specified coaching boxes for Pole Vault, High Jump, Javelin, Shot Put, and Discus. These are the only places coaches can share videos with their athletes.
- Coaches box locations:
 - outside the fence at the long jump and triple jump area.
 - o in the East endzone for the pole vault
 - o in the West endzone for the high jump
 - o behind the bleachers in the flagged area west of the shot put and discus
- We ask that all spectators, coaches, and athletes show good sportsmanship. All contestants are striving to achieve their personal best results. This effort should be appreciated by everyone.
- Results will be posted on our scoreboard, Putnam County's Instagram, and Facebook stories. We are working to try to get live results posted also.
- Meet director: Jeremy Watt 660-216-7492 cell OR 660-947-3361 ext. 380 office
- Teams: Brookfield, Highland, Marceline, Mark Twain, Milan, Missouri Military Academy, Monroe City, Putnam County, Salisbury, Schuyler County, Scotland County, South Shelby, Van-Far, and Westran
- Coaches meeting: 8:30 a.m. in the white building on the north side of the track
- Bus parking: drop off by the ticket booth & park in the middle school parking lot
- Concession stand: will be available on the south side of the track
- T-Shirts: will be sold (~115 available; first come, first served)
- Spikes: 1/8" pyramid or less
- Bullpen: SW corner of the track
- Markings: No tape; chalk only
- Spectator areas: Outside fenced areas
- Tents: the grassy area outside the fence
- Weigh-ins: brown building north of track 8:40-9:15 AM Charley Welker & Jeremy Watt
- Locker/Restrooms: Restrooms North & South of the track; port-a-pot near the Javelin
- Medical Arrangements: Ambulance.
- Opening Height (decided by games committee)

Worker List

You are expected to work at the station you are assigned to until the event is finished. The coaches' meeting will be at 8:30 a.m. Field events will start at 9:30 a.m. and all workers should report by 8:30 a.m. The preliminary running events will start at 10:15 and workers should report to the finish line by 9:45. Finals begin at 12:00 p.m. There will be a hospitality room for coaches and workers in the white building north of the track. Workers, if you need anything please use your radio (Ch. 3) to let an administrator know. Brian Mayer will be in charge of hurdles and starting blocks. **The restricted zone** will be inside the chain link fence surrounding the track. Unless you are working the meet, competing, or coaching from a coaches box, you must remain outside of this area.

Event	Person in Charge Additional Worker(s)				
Shot Put	A. Huse				
Discus	D. Stiles	Dan Jones			
Javelin	Dr. Halley	Hunter Halley/Jorge Lopez			
Pole Vault	M. Brummer	S. Hydorn			
Weigh- in	Charlie Welker	J. Watt			
Long Jump	Brad Ream	Ami Hartwig			
Triple Jump	Calvin Heidenwith	Cody Heidenwith			
High Jump	C. Quint	Richard Rowland			
Pit Boss	C. Preston				
Referee	Dave Shaw				
Starter	Mike Barner				
Field Event Judge	Charlie Welker				
Starter Tag	J. Hollon				
Bull Pen Clerk	K. Fleshman, C. Quint				
Hurdles	B. Mayer, Preston, Watt, Dickerson				
Starting Blocks	J. Hollon				
Exchange Zones	4x100 – Marceline and Highland Zone 1, Brookfield and Mark Twain Zone 2,				
Monroe City and Salisbury Zone 3					
	4x200 – South Shelby and Westran Zone 1 and 3, PC will handle Zone 2				
Finish Line	B. Mayer, J. Watt (backup timer)				
Recorder	M. Dickerson				
Pictures	B. Fleshman				
Hospitality	K. McCollom				
Announcer	H. Watt				
Medals	M. Casady				
Timing System Operator	T. Klinginsmith				
Scoring	D. Altiser				
Gate Workers	C. Mayer, A. Huse, S. Waugh				
Concession	M. Cunningham, B. Buller, K. Sturch				
Student Concession	(8:00-12) Lucas Payne, Leelynd Tennill (12-4) Drenna Wood, Ashlyn Kneedler,				
Games Committee	D. Shaw, J. Melnick (Milan), C. Randall (Schuyler), A. Haire (Scotland), K. Fleshman (Putnam)				
Jury of Appeals	Jeremy Watt, Kyle Fleshman, Corey Randall				

J. Fowler

Maintenance

JH track workers 2023

<u>**High Jump**</u> - Brayden Allen, Corbin Campbell-Johnson, Remington Neighbors

Long Jump - Matthew Blanchard, Kelsey Murphy, Ava Perkins

Finish line runners - Tayven Cottey, Bryna Hurley, Lyllian Stout

Triple Jump - Charli Ingersoll, Cameron Cullum, Jacob Jones, Haley Wood, Regan Smith

<u>Javelin</u> - Bela Lopez, Lea Simmons, Noah Ray, Trapper Hatfield, Aden Sailsbury, GraycieMae Tennill

Pole Vault - Corey Chapman, Brayten Spring, Mira Vice

Shot Put - Charlie Dickerson, Matthew McMillen, Ori Overton

<u>Discuss</u> - Katie Halley, Seth Hannink, Tagg Turner

Hurdles and Blocks - Harvester Blankenship, Rayden Chapman, Rory Gilworth, Sawyer Morgan, Trigger Robbins

Make sure to check out with Coach Hydorn, Huse, or Stiles before you leave and stay until the event is finished. **Everyone** be prepared to help with the movement of hurdles.

Class 2 District 3 Schedule

The following schedules are recommended to Games Committees and Meet Managers for the successful conduct of Districts and Sectionals. Consultation with MSHSAA staff shall occur if any substantial deviation from these recommendations are to be considered.

General Guidelines:

- Girls shall compete first in odd years
- A rolling schedule shall only be used in the case of inclement weather
- Finals to follow preliminaries

District Meets

Single District

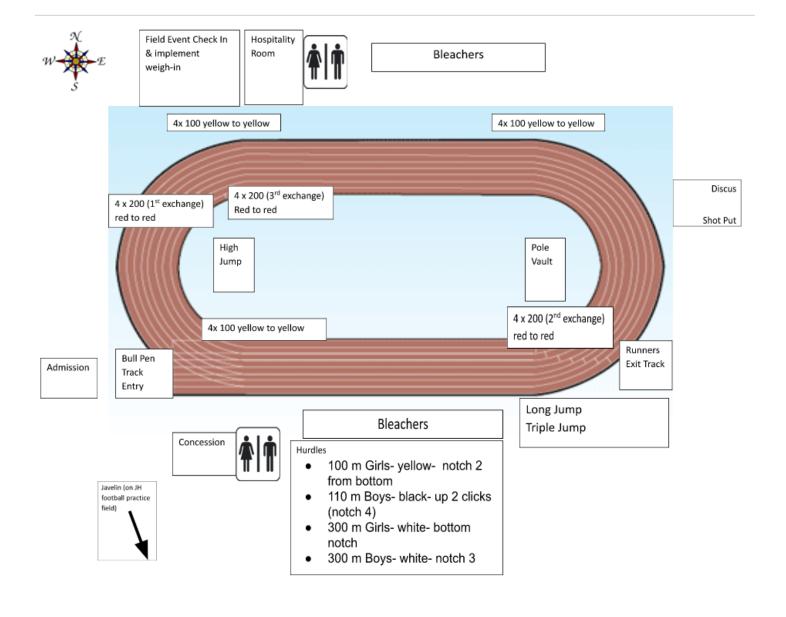
Field Events

9:30 AM (Prelims length)	11:30 AM (Prelims length)	1:30 PM (Prelims length)
Boys Shot Put (1:30)	Boys Javelin (1:30)	Boys Discus (1:30)
Girls Triple Jump (1:30)	Girls Discus (1:45)	Girls Shot Put (1:45)
Girls Pole Vault	Boys Triple Jump (1:30)	Boys Pole Vault
Girls Javelin (1:45)	Girls Long Jump (1:30)	Girls High Jump
Boys High Jump		Boys Long Jump (1:30)

Running Events

3 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -				
10:15 AM	Girls	100m hurdles	Prelim	
10:25	Boys	110m hurdles	Prelim	
10:35	Girls	100m dash	Prelim	
10:45	Boys	100m dash	Prelim	
10:55	Girls	4x800m relay	Final (Double Waterfall Start)	
11:10	Boys	4x800m relay	Final (Double Waterfall Start)	
11:25	Girls	200m dash	Prelim	
11:30	Boys	200m dash	Prelim	
12:00 PM	Girls	110m hurdles	Final	
12:05	Boys	100m hurdles	Final	
12:10	Girls	100m dash	Final	
12:15	Boys	100m dash	Final	
12:20	Girls	4x200m relay	Final (heats vs. time)	
12:30	Boys	4x200m relay	Final (heats vs. time)	
12:40	Girls	1600m run	Final (Double Waterfall Start)	
12:50	Boys	1600m run	Final (Double Waterfall Start)	
12:55	Girls	4x100m relay	Final (heats vs. time)	
1:05	Boys	4x100m relay	Final (heats vs. time)	
1:15	Girls	400m dash	Final (heats vs. time)	
1:25	Boys	400m dash	Final (heats vs. time)	
1:40	Girls	300m hurdles	Final (heats vs. time)	
1:55	Boys	300m hurdles	Final (heats vs. time)	
2:10	Girls	800m run	Final (Double Waterfall Start)	
2:25	Boys	800m run	Final (Double Waterfall Start)	
2:40	Girls	200m dash	Final	
2:45	Boys	200m dash	Final	
2:50	Girls	3200m run	Final (Double Waterfall Start)	
3:05	Boys	3200m run	Final (Double Waterfall Start)	
3:20	Girls	4x400 relay	Final (3 turn stagger, heats vs. time)	
3:30	Boys	4x400 relay	Final (3 turn stagger, heats vs. time)	





District track t-shirt information (availability and pricing):

Item:	Printed (+)	Unsold (-)	Sold (=)	Price (
White SS Tee - S	20			\$16
White SS Tee - M	24			\$16
White SS Tee - L	8 .			\$16
White SS Tee - XL	5	,		\$16
White SS Tee - 2XL	2		-	\$18
White SS Tee - 3XL				\$20
Heather SS Tee - S	16		1	\$16
Heather SS Tee - M	, 24			\$16
Heather SS Tee - L	8	-		.\$16
Heather SS Tee - XL	5		,	\$16
Heather SS Tee - 2XL	`2		, , , , , , , , , ,	\$18
Heather SS Tee - 3XL				\$20
White LS Tee - S	1			\$18
White LS Tee - M	, ,			\$18
White LS Tee - L				\$18
White LS Tee - XL				\$18
White LS Tee - 2XL		:		\$20.00
White LS Tee-3XL	-	11-	er e te er	\$22
Heather LS Tee - S				\$18
Heather LS Tee - M				\$18
Heather LS Tee - L				\$18
Heather LS Tee - XL				\$18
Heather LS Tee - 2XL				\$20
Heather LS Tee - 3XL				\$22