Putnam County JH Relays 2021

Date:	Thursday April 15, 2021
Site:	Putnam County High School- Unionville, MO
Entries:	Meet-Entries Close: 4/14 at noon http://www.webschooltools.com/track/login.php
Admission:	\$4.00 – adults, \$2.00 – senior citizens, and \$3.00 – student
Entry Fee:	\$100/ school or \$50/ team
Scoring:	10-8-6-5-4-3-2-1
Surface:	We have an all-weather track; only 1/8 pyramid spikes are allowed.
Awards:	Medals will be awarded for the first three places in individual events and the top three relay teams. Plaques will be awarded to the 1 st place teams for boys and girls. Places will be scored on the top eight.
Hospitality:	There will be a hospitality room for coaches and workers in the white stadium building north side of the track.
Buses:	Please have your buses park south of the school building.
Meeting:	Scratch meeting at 2:00 pm in the white stadium building north of the track Teams include: Kirksville, Milan, Schuyler Co., Scotland Co., Davis Co. (7th Girls & 8th Girls), Clark Co, Brookfield, Green City, Chillicothe & Putnam Co.

Coaches Meeting at 2:00pm - Field events start at 2:30pm - Running events at 4:00pm

<u>2:30 p.m.</u>	<u>2:30 p.m.</u>
1 st boys' high jump (Seaton 2pm)	1 st girls' long jump (Sivetts 2 pm)
2 nd girls' high jump	2 nd boys' long jump
1 st girls' pole vault (Klingner 2 pm, Knowles)	1 st girls' discus (Evans)
2 nd boys' pole vault	2 nd boys' discus
1 st boys' triple jump (Preston)	1 st boys' shot put (Valentine 2 pm)
2 nd girls' triple jump	2 nd girls' shot put

Exchange zone judges:

Race	<u>1st Exchange</u>	<u>2nd Exchange</u>	<u>3rd Exchange</u>
4x200	Green City	Putnam	Green City
4 x100	Clark	Milan	Schuyler
Throwers Relay	Clark	Milan	Schuyler
Sprint Medley	Chillicothe	Kirksville	Scotland

Running Events start at 4:00 p.m. Girls/Boys 4 x 800Girls' 100 mh (low)Boys' 100 mh (up one notch)Girls' 100 m sprintBoys' 100 m sprintGirls' 4 x 200 m relayBoys' 4 x 200 m relayGirls' 1600 m runBoys' 1600 m runGirls' 4 x 100 m relayBoys' 4 x 100 m relayGirls' 4 x 100 m relayBoys' 4 x 100 m sprintBoys' 400 m sprintBoys' 400 m sprintBoys' 800 m sprintBoys' 800 m sprintBoys' 800 m sprintBoys' 800 m sprint	 Participation Limitations You may enter 3 in all field events except high jump You may enter 2 in the high jump You may enter 2 in all individual running events except 800m – 1600m (no more than 4) You may enter only one relay team in each relay. Only 2 individuals and 1 relay may place and score per school. An athlete is limited to four (4) events. All may be field events or all may be running events or any combination thereof. Information specific to Putnam County Facility Buses will park in large parking lot south of school building. Restrooms are located in building adjacent to the bleachers. Teams should come dressed. No dressing rooms are available. Please stay off of the football field including sidelines. Warm up on northside track straight away NO SPIKES are to be worn in the bleachers. Team communities are to be located in the bleachers or surrounding area, not on the football field. Entry is \$100.00/school- or \$50.00/team. General Notes: The shot and discus will be pooled – shot and discus rings are concrete. We will furnish starting blocks. The running surfaces are rubber– we allow only 1/8 pyramid spikes. Long and triple jump runways are rubber – we allow only 1/8 pyramid spikes. Runners should report to the west end of the track to the clerk, enter from west side of bullpen. Runners should exit the track at the east end- past the finish line. Long jump, triple jump, shot and discus will be given 3 throws or jumps. Girls' high jump will start at 110 cm and the boys will start at 130 cm. It will be raised in 5 cm increments
Girls' sprint medley 1-1-2-4 Boys' sprint medley 1-1-2-4	 Girls' high jump will start at 110 cm and the boys will start at 130 cm. It will be raised in 5
Girls' 200 m run Boys' 200 m run Girls' 4 x 400 m relay Boys' 4 x 400 m rolay	 Price will be a girls and boys pole valit. Only spole valit will start at 150 cm and boy's pole valit at 180 cm. It will be raised in 15 cm increments Medals will be given for three places. Coaches: Pick up your team's medals from the press box at the conclusion of the meet. We added the 4 x 800 as an event for students that don't normally get to participate
Boys' 4 x 400 m relay	

PCJH Relays Meet Worker List

Gate	K Sturch(3:30), Jennifer Trimble (2:30 pm)
Finish Line	Keith Smith (3:30 pm), J. Watt, Camille Preston (2:30 pm)
Recorder	Melody Dickerson (3:30)
Computer	Aaron Schnakenberg
Crow's Nest	D. Altiser, T Klinginsmith
Medals	Lisa Stobbe (4:30)
Clerk-	B. Mayer (2:30 pm), Kyle Fleshman (3:30 pm)
Announcer-	Haley Watt (2:30)
Starter-	David Shaw
Starter Tag	Savannah Ruby (2:00)
Pit Boss	C Preston
Pole Vault-	Matt Klingner (2:00 pm)
Starting Blocks and Hurdles	Matt Klingner, C. Preston
Concession	Connie Sheehan (2:30) J Christensen, & J West (JH Cheer)
Hospitality	KayLea McCollom (2:00)
Admin	Drew Garber, Heath Halley

All JH track students should be released at 2 pm. All non track students and remaining staff (Fleshman, Robinson, West, Schmidli) will go to the auditorium for periods 7 & 8 and then the staff will report to the meet. During the meet all remaining JH Staff not assigned to a specific event should help with hurdles and/or concession stand

High school track workers- Field Events release 2:00 pm

HJ- Blaine Perkins, Chase Tomlin PV- Jon Knowles, Jake Rouse TJ- Trace Riedeger, Lucas Hendee LJ- Jacob Daniel, Ivyl Graham Shot- Colder Evans, Josh Luscan, Abraham Hernandez Discuss- Reed Valentine, Bryce Naughton, Zach Clinkenbeard

All Boys track will be present. The ones not listed will be at our disposal.

