 **MILAN JH RELAYS**

 Thursday April 28, 2022

 Cal Hubbard Field- Milan High School

**Entries:** Please complete online entries at www.mo.milesplit.com

 Deadline for entries will be Wednesday, April 27 at 12:00 pm

 Scratches/Changes will be made during the Coaches’ Meeting at 3:30 PM

 Entry Questions Contact: Chris Healy chrishealy@webschooltools.com (816)271-3825

**General Information:** Each School is allowed **2 entries** per individual events and 1 relay team. There will be no preliminaries. All events will be run as finals. In events with heats, the fastest times will be the last heat. Each individual athlete may enter in 4 events.

**Schedule:** Coaches’ Scratch meeting will be at 3:30 PM in the Football Shed

Field Events will start at 3:45 PM or slightly after

Running Events will start ASAP (Approximately 4:30 PM)

**Performance List:** Performance List

**Heat/Flight:** Heat/Flight

**Awards:** Medals will be awarded to top 3 places in each event;

 plaques will be awarded to overall boys’ and girls’ team champions.

 Places will be scored on top 8 finishes.

**Scoring:** 10-8-6-5-4-3-2-1

**Entry Fee:** $100.00 per school or $10 per athlete if bringing less than 10 athletes total

 Make checks payable to Milan C-2 Schools

**Admission**: $4.00 Adults $3.00 Students Senior Citizens Free

**Dressing facilities:** There will be no dressing facilities available.

**Buses:** Buses will park at the North Gravel Parking Lot. Look for the signs. Please plan to arrive before 3:15 PM. There will be brief traffic congestion from 3:15-3:25 PM for School Dismissal.

**Track Surface:** We have an all-weather, 8 lane track. Only 1/8 pyramid spikes will be allowed on the track and runways. No tape is to be used on runways or track. Starting blocks will be provided. Please see that your athletes do not wear spikes in the bleachers. Also please keep athletes off of the football field. Team areas can be in the bleachers or hillsides, not on practice football field or game field.

**JH Teams**

**Entered:** Atlanta, Bucklin-Macon Co, Grundy Co, La Plata, Meadville, Mercer, Milan, Novinger, Princeton, Putnam Co and Trenton

**General Reminders:**

* **There will be a concession stand available**
* **No spikes are to be worn in the bleachers**
* **Please remind athletes to stay off the football field when not in an event**
* **Restrooms are located in the stadium building north of the concession stand**
* **The team communities are to be located in the bleachers or on the grass hillside**
* **Each team will furnish their own shot, discuss, and batons**
* **Starting blocks will be furnished**

**Meet Information Contacts:** Tyler Clark (AD) tclark@milan.k12.mo.us School 660-265-1446

Mark Cole (Milan JH Head Track) mcole@milan.k12.mo.us School 660-265-1461

**SCHEDULE**

**Coaches Meeting** 3:30 pm (In football shed – Each School is assigned a Field Event to help oversee. See below)

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| --- | --- | --- | --- |
| **EVENT** | **SCHOOL #1** | **SCHOOL #2** | **MILAN FACULTY HELPERS** |
| **Discus** | **Princeton** | **Mercer** | **Tami Watt, Melanie Baxter, Jessica Scroggs** |
| **Pole Vault** | **Putnam Co** | **X** | **Brice Simmons, Amanda Simmons** |
| **Shot Put** | **La Plata** | **Atlanta** | **Danah Fowler, Beth Sibbitt** |
| **Long Jump** | **Meadville** | **Grundy Co** | **Justin Duffy, Tabitha Eddy, Natasha Nolte** |
| **Triple Jump** | **BMC** | **Trenton** | **Ched Hurley, Marylynn “Pete” Cole, Michelle Dickson** |
| **High Jump** | **Novinger** | **Milan** | **Sara Webb, Jennifer Richardson, Chase Hilsabeck** |

**Field Events**

**3:45 PM**

 **Discus:** JH Boys, JH Girls

**Shot Put:** JH Girls, JH Boys

 **Long Jump:** JH Boys, JH Girls

 **Triple Jump:** JH Girls, JH Boys

 **High Jump:** JH Boys, JH Girls

**Pole Vault:** JH Girls, JH Boys



**Running Events**

**4:30 PM**

100 Meter (Low) Hurdles (JH Girls)

 100 Meter (High) Hurdles (JH Boys)

 100 Meter Dash

 800 Meter Relay

 1600 Meter Run

 400 Meter Relay

 400 Meter Throwers Relay

 400 Meter Dash

 800 Meter Run

 200 Meter Dash

 1600 Meter Relay

**Presentation of Team Championship Plaques**

 **Exchange Zone Judges**

Race 1st Exchange 2nd Exch. 3rd Exch.

4x200 La Plata Atlanta Princeton

4 x100 Trenton Putnam Co Milan

Throwers Trenton Putnam Co Milan

Timers: FinishLynx Timing System

Starters: Gary Hinton

Concession: Booster Club

Hospitality: Provided by School

Hurdles/Starting blocks: Milan Track Teams

Field Events: Milan Teaching Staff Listed will

assist Various Assigned Coaches

Additional Help: Milan HS Track Team