

February 21, 2020

To Parents and Participants of Junior High Track 2020:

Track is right around the corner. Practice will begin Tuesday, March 3rd. Practice schedules and scheduled meets are being sent home for the track season. Parent meeting will be held Monday, March 9 at 5pm in the MS auditorium for boys and girls teams.

If an athlete hasn't played a sport this school year yet they will need a physical before they can begin practicing. Also, IMPACT test and student-athlete paperwork will need to be completed if not already done.

A good pair of running shoes are helpful and optional track spikes  $\frac{1}{8}$  inch. Track warm-ups order will be placed by Monday, March 9, 2020, for those interested. These are being ordered on-line through Danco and will come in about two weeks after ordered. You order and pay online at the following link <https://pctrack2020.itemorder.com/>. If you have any questions contact one of the coaches. Looking forward to the season.

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**[\\*https://pctrack2020.itemorder.com/](https://pctrack2020.itemorder.com/)**

**Reminder if you want track warm-ups order through this link. School will not order or collect money for these.**